

New this year: For an additional donation of \$3, receive a tech T-shirt gift (in place of cotton)



Register online at: <https://register.chronotrack.com/reg/form?eventID=7698>



Washingtonville Scholarship Run

TIME 10:00 AM

Saturday

April 5, 2014

START and finish at Washingtonville High School, 54 W. Main Street, Washingtonville, NY

COURSE - **FAST and FLAT** - Main St. USTFA Certified course NY03013AM

Course Records

Joe Straub 15:24

Marisa Hanson 17:52

- *5K RUN** - Medals given to top three in 5 year age groups
9+under, 10-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+up
- *5K WALK** - (For serious walkers) Medals given in 5 women's and 3 men's groups [People who run will be disqualified]
Walkers will start 2 minutes after the runners and will have a different color race bib.
- *5K "WOG"** - For those who want to jog but may have to walk some. Walk jOG
OR for those who want to walk but may have to jog some.
- *KID'S RUN** - On the High School track distances from 50 meters to 800 meters. (Age appropriate distances)
Starts at 11:00 AM - Each finisher will receive a medal.
First 60 to register will receive a T-shirt provided by Washingtonville Pediatrics (cotton only).
- *T - SHIRTS** - Will be given to all participants in the 5K run, walk and "WOG", who have pre-registered by **March 21, 2014**. Your application must be in by or postmarked by March 21, 2014 to receive a custom designed T-Shirt. *** Tech T-shirt for an additional \$3 donation ***

Awards: The top three overall women and men will receive a custom designed trophy. Medals to top 3 / age group

PROCEEDS go to the Washingtonville Scholarship Run Exemplary Student Scholarships.

REGISTRATION: Race Day registration and Packet Pick-up will be in the High School cafeteria

8:00 AM to 9:35 AM Saturday, April 5, 2014.

ENTRY FEE: 5K \$18 Postmarked by 3/21/14 (tax included) \$22 after March 21st (tax included)

Kid's Run \$3 Postmarked by 3/21/14 \$5 race day

MAKE CHECKS PAYABLE TO: Washingtonville Scholarship Fund

Race Contacts: Washingtonville Scholarship Run
54 West Main Street
Washingtonville, N.Y. 10992
Phone - (845) 497 - 4000

Neil Grencer
E-mail: ngrencer@ws.k12.ny.us

T-shirt design - Kateri Ruebenstahl

Application design - Samiya Hale

Ad design - Veronica Enriquez

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ENTRY FORM

Please Print !

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Phone _____ SEX _____ AGE on 4/5/14 _____ Birth Date _____

If T-shirt size is not specified, men will be given a large & women will be given a medium.

<u>5K Category:</u>	<u>5K T-Shirt:</u>	<u>5K Shirt Size:</u>		<u>KIDS RUN</u>
____ 5K Run	____ Cotton (\$18)*	____ Youth L	____ Adult L	____ Kids Run (\$3) T-shirt: (cotton only)
____ 5K Walk	____ Tech (\$21)*	____ Adult S	____ Adult XL	____ Youth M
____ 5K "WOG"	*Add \$4 after 3/21	____ Adult M		____ Youth L

In consideration of my entry, I hereby for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages I may have against The Village of Washingtonville, Washingtonville Central School District, Sponsors, Race Officials, Their representatives, successors and assigns, arising from any and all injuries suffered by me while participating in the Washingtonville Scholarship Run. I hereby attest and verify that I am physically fit and have trained for the completion of the event and that my condition has been verified by a Licensed Medical Doctor.

SIGNATURE _____ PARENT SIGNATURE (if under 18) _____