

Police Chase 2014

37th ANNUAL "KELLY MEMORIAL" POLICE CHASE

10K ROAD RACE • 5K RUN • CHILDREN'S FUN RUN • CHASE CHALLENGE

Open to all Runners



Location: Thomas Bull Memorial Park, Picnic Pavilion, Montgomery, NY

Date: Sunday, October 5, 2014

Time: Children's Fun Run 11am • 5K Run 11:15 am • 10K Run 12 Noon

Registration: 9:30 am - 11:00am

5K and 10K run: Open to All Runners

Chase Challenge: 9:00 AM

Children's Fun Run: 12 & Under; Ribbons to all finishers



Entry Fees: 10K & 5K Run Pre-Registration Postmarked before September 12, 2014: \$20•

Post Registration: \$25 (after September 12, 2014 on Race Day) • Children's Fun Run: Pre-registration: \$6 •

Race Day: \$8 Chase Challenge: \$40 (See back for info)

Make Checks Payable to Trooper Foundation - Police Chase

Short Sleeve T-shirts to all Pre-Registered Runners

Short Sleeve T-shirts for First 100 Children in Fun Run

Mail entry to : POLICE CHASE New York State Police

Troop F Headquarters

55 Crystal Run Road, Middletown NY 10941

ADDITIONAL INFORMATION OR APPLICATION, CALL 845.344.5347

or www.ACTIVE.com or www.NYSTF.org

Refreshments will be served after the races

Directions: **FROM 84:** Exit 5 to Neelytown Road. Coming eastbound, straight through light to the end. Left onto Rt. 416. Park on Right. Coming westbound Left at exit ramp and right at the next light to the end. Left onto Rt. 416. Park on Right. **FROM NYS THRUWAY:** Exit 16 Harriman, Rt 17 westbound to Goshen. Exit 124B on Rt. 207E. Bear left onto Rt. 416. Park on left.

Computerized Race Timing by: BILL SHERRY, SUPER RACE SYSTEMS (845.424.4063)

Race Results: www.superracesystems.com

**THE "KELLY MEMORIAL" POLICE CHASE IS DEDICATED TO THE MEMORY OF TROOPER JAMES A. KELLY
- ONE OF THE ORIGINATORS OF THE POLICE CHASE - AND TO THE MEMORY OF TROOPER T. MICHAEL
KELLY, WINNER OF THE CHASE NINE TIMES**

-----PLEASE PRINT OR TYPE-----

First _____ Last Name _____ Age on Race Day _____ Sex _____
Street _____ City _____ State _____ Zip Code _____
Phone # _____ Email _____ NYSP Troop _____ Rank _____

RACE: ☐ 5K ☐ 10K ☐ FUN RUN ☐ CHALLENGE **CATEGORY:** ☐ POLICE ☐ NON POLICE

In consideration of your accepting my entry, I do hereby release and discharge the State of New York, The New York State Police, the Town of Hamptonburgh, County of Orange, Super Race Systems, Race Commission, and all sponsors from any and all liability arising from illness injuries and damages I may now suffer as a result of my participation in this event. I hereby attest that I am physically fit and sufficiently trained for competition in this event. Signature of Applicant or Parent _____

ADULT SHORT SLEEVE: ☐ Medium ☐ Large ☐ X-Large **CHILDREN SHORT SLEEVE (youth sizes):** ☐ Small ☐ Medium ☐ Large

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CHASE CHALLENGE

The Chase Challenge is a **5** event competition. Competitors do the below five events where they can score up to 100 points per event depending upon how well one performs. The highest possible score would be 500 points.

Event 1 : Bench press - Competitors get two attempts to do one lift. The highest weight lifted of the two lifts scores points.

Event 2 : Pull ups - Competitors get one attempt at doing the most pull ups in an unlimited amount of time without stopping.

Event 3 : Shot put throw - Competitors get two attempts to throw a shot put. The furthest distance throw scores points. (male and female shot put categories)

Event 4 : 100 yard dash - Competitors get one attempt at sprinting 100 yards and the time will score points.

Event 5 : 5K run - Competitors run 3.1 miles (5K) and will be scored based on finish time. Top competitors will receive awards. (male and female categories)