

MID-HUDSON ROAD RUNNERS CLUB

33rd Running Newburgh-Beacon Bridge Run

SUNDAY,
OCTOBER 9, 2016

★
5 MILES
11:00 am



LOCATION St. Patrick's School, 156 Liberty St., Newburgh, NY

RACE-DAY REGISTRATION 9:00 – 10:30 am

PRE-REGISTRATION Deadline October 7, 2016

RACE FEES

MHRRRC MEMBERS

\$20 Online & Mailed Pre-Registration

\$30 Race-Day Registration

NON-MEMBERS

\$25 Online & Mailed Pre-Registration

\$30 Race-Day Registration

Please, no walkers, roller blades, baby strollers, dogs, or headphones

RACE-DAY INSTRUCTIONS

Point-to-point race (from Broadway in Newburgh to entrance of Beacon Riverside Park). Park near finish riverside of Beacon Train Station. Buses will take you to St. Patrick's School, Newburgh, for registration and start. Buses start running at 9 AM.

**LAST BUS LEAVES BEACON
AT 10 AM.**

AWARDS

OVERALL MALE/FEMALE

MALE/FEMALE AGE GROUPS:
Up to 13, 14-19, 20-29, 30-39,
40-49, 50-59, 60-69, 70-79,
80+

LONG-SLEEVE T-SHIRTS
Guaranteed to runners
registered by 9/25/2016



HEALTHQUEST



REGISTRATION

Name: _____

Date of Birth: ____ / ____ / ____

T-Shirt: XS S M L XL

Gender: M F Phone: (____) ____ - ____

Address: _____

E-Mail: _____

I know that running and road racing are potentially hazardous activities. I will not enter this race unless I am medically able and properly trained. I assume all risks associated with this event, including but not limited to, falls, contact with other participants, the effects of the weather including low temperature and/or precipitation, traffic, and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, in consideration of accepting this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the Mid-Hudson Road Runners Club, St. Patrick's Parish of Newburgh, the towns of Fishkill and Newburgh, the cities of Newburgh and Beacon, the New York Bridge Authority, sponsors, Race Director, and their agents, employees representatives, successors, and assigns, from any and all liabilities, claims, demands, and causes of action whatsoever arising directly or indirectly from my participation in this event. I also release my rights to any photos, videos, images, etc. taken of me during this event.

Signature: _____

Parent's signature if under 18

Make checks payable to "MHRRRC" ★ Send registration by mail to Bill Rosenberg, 2133 Bruynswick Rd, Wallkill, NY 12589

For more information contact Bill Rosenberg/Rebecca Withers at wrosenb822@aol.com or 845-325-7537