



5K run and Walk*****Saturday, June 28, 201

Walkers and runners start at 8:30

Race day registration and packet pickup is at the Downing film Center,
19 Front Street, Newburgh, NY between 7:00 AM and 8:15 AM

Waterfront Buffet free to all entrants, sponsors and paying "Fans of Downing"*

Originally designed Tee shirts to all preregistered participants

For directions and a map to the Downing Film Center go to

<http://www.downingfilmcenter.com/pages/map.htm>

Registration cost:

* **Fans of Downing: (Non racers, come & cheer the runners, get a T- Shirt and food) : \$15.00**

Runners and Walkers

6/15 & before, Members of the Downing Film Center, **ORC & Sul Striders members** & Sponsors: \$20.00

June 15th and earlier, everyone else: \$25.00

Late entrants (After June 15th): Sponsors and Downing & ORC, SS members: \$25.00

Everyone else: \$30.00

Please make checks out to The Downing Film Center and write "Dash to Digital" on the check.

Mail to Jamie Kamlet, PO Box 169, Mountainville, NY 10953

Contact info: Jamie Kamlet, 845 534-3182, Gems50@aol.com

From 2/6 through 6/25 register online at: <http://www.itsyourrace.com/event.aspx?id=600>

See our website for more details: <http://gems50.wix.com/dashtodigital>

Name (first) _____ (last) _____

Address: _____ City _____ State _____ Zip _____

Age on June 28th: _____ MALE _____ FEMALE _____ RUNNER _____ WALKER _____

_____ I am a member/sponsor for the Downing Film Center(\$20. reduced fee)

* _____ Fans of Downing- A special category for non-runners. (\$15.00)

Shirt Size: S M L XL Amt. Enclosed: _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effect of the weather, including high winds, hot temperatures, humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself, waive and release the Downing Film Center, Incorporated, its officers and agents, The race director and all volunteers, the City of Newburgh, the Town of Newburgh, the State of New York, all sponsors their representatives and successors, including employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date _____

Parent's Signature (If under 18) _____

_____ I would like to make an additional donation to the Downing Film Center of \$ _____

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