

As a private not-for-profit organization and an Orange County Chamber of Commerce member, we rely heavily on the support of the community we serve. Any proceeds raised from this event are vital for the continuation of the Council as a community resource, providing services such as:

- ◆ Information and Referrals to Treatment
- ◆ Intervention Services
- ◆ Recovery Coaching & Training
- ◆ STOP DWI / Traffic Safety Programs
- ◆ Treatment Alternatives for Safer Communities
- ◆ Community Based Prevention
- ◆ Mid-Hudson Prevention Resource Center
- ◆ The School of Addiction Studies: CASAC Training

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effect of the weather, including high winds, cold temperatures, humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or inline skates, and animals are not allowed in the race and I will abide by this guideline. I understand that any photographs taken at the event may be used for promotional purposes. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself, waive and release the Alcoholism and Drug Abuse Council of Orange County, the City of Middletown, the State of New York, Middletown Psychiatric Center, Cornell Cooperative Extension of Orange County, all sponsors their representatives and successors, including employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

5K Course...
Begins and ends at
**RC Ward Addiction
Treatment Center**
on the Middletown
Community Campus

Directions to
117 Seward Ave.
Middletown, NY
10940

Route 17 East or West to Exit 121 West (Route 84 West) to Exit 3W (17M). Right at end of ramp, onto 17M (Dolson Ave.). Left at Wiedy's Furniture (County Road 108). CR 108 becomes CR 78. Continue on CR 78 to Maple Hill Elementary School entrance at Eggerton Rd. Take a right onto Eggerton Rd. into the Middletown Community Campus. Turn right at end of Eggerton Rd. onto Dorothea Dix Dr. Turn right onto Seward Ave. Continue on Seward to #117 on the left.

Special thanks to the **Richard C. Ward** Addiction Treatment Center for the use of their facility. NO SMOKING permitted on Richard C. Ward ATC grounds. All participants & spectators must sign confidentiality waiver upon entering building.

Also a very special thanks to the **Orange County Runners Club** and **Eagle Timing** for all of their invaluable help and time.

*** Out of respect for the clients, please note that the use of cellular devices is strictly prohibited inside of the RC Ward facility. Thank you. ***

NON-PROFIT ORG. U.S. POSTAGE	MONSEY, NY 10952
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RETURN SERVICE REQUESTED

Alcoholism and Drug Abuse Council of
Orange County
224A Main St.
PO Box 583
Goshen, NY 10924



The Alcoholism and Drug
Abuse Council of Orange County
Celebrates National Recovery Month at...

The 5th Annual 5K Run/Walk for Recovery



September 12, 2015
9:00 am
Middletown, NY



www.adacinfo.com

Celebrate Recovery!

September is ***National Recovery Month***. In celebration of recovery month, The Alcoholism and Drug Abuse Council of Orange County is staging its fifth Annual 5K Run/Walk. We hope to bring awareness of the Recovery community and reduce the social stigma that so often surrounds the disease of addiction. ***Recovery Month*** spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover. Bring the family and help us celebrate National Recovery Month!

The Alcoholism and Drug Abuse Council of Orange County is a section 501(c)(3) non-profit organization serving the communities of Orange County. We offer a wide variety of services. Please see a list of offerings on the back of the registration form.

Feel free to contact us at any time. Visit our website at www.adacinfo.com and be sure to follow us on Facebook. Please direct any questions about the event or about the agency in general to Allie Lerman at alerman@adacinfo.com or call 845-294-9000 x258.

5th Annual 5K Run/Walk for Recovery

September 12, 2015
Gun Start 9:00am
Registration/Check-In/Refreshments
7:30-8:45am

Medals awarded to the top 3 Men and top 3 Women, top 3 finishers in each age group and top 3 walkers overall.
Commemorative t-shirts are guaranteed to the first 200 participants.

Age Groups
12 and under, 13-19, 20-29,
30-39, 40-49, 50-59, 60-69, 70+

Race Fees
\$20 Pre-registered by September 4th
\$25 after September 4th and on race day
\$15 Students pre-registered and race day
(must present student ID on race day)

Registration
By mail or online @ www.adacinfo.com
Checks payable to: ADAC 224A Main St.
PO Box 583 Goshen, NY 10924 Attn:5K
Runners have the option to pick up their packets prior to the race at the address above from September 9-11 from 9am-4pm

The 2014 4th Annual
5K Run for Recovery
Was Presented by

With Support From
Catholic Charities Community Services of Orange County
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Rogelio Roncal, MD
Shoprite
Something Sweet Dessert Café
Sons of the American Legion Post #151
Storm King Art Center
T-Bone Designs

Entry Form

Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone: _____ Sex: M F
Email: _____
Age on race day: _____ DOB: _____
Runner _____ Walker _____ (must walk entirely)
T-Shirt Size: S M L XL XXL
Where did you find this race application?

☐ I have read the waiver on the reverse side and agree to the terms of this race.
Signature: _____
Date: _____
Parent Signature: (if under 18)

FOR OFFICE USE ONLY

BIB #: _____

PAYMENT METHOD:

AMOUNT:
